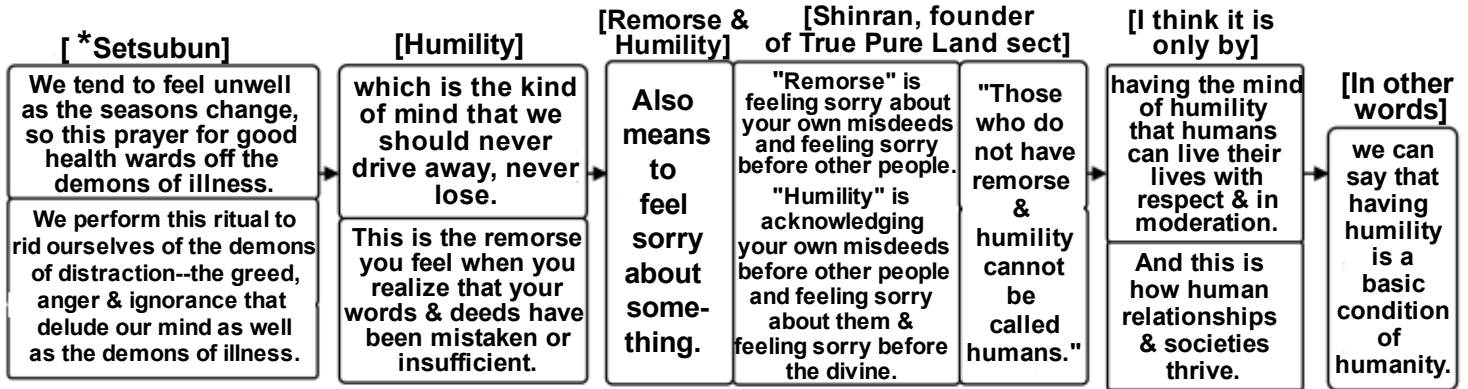


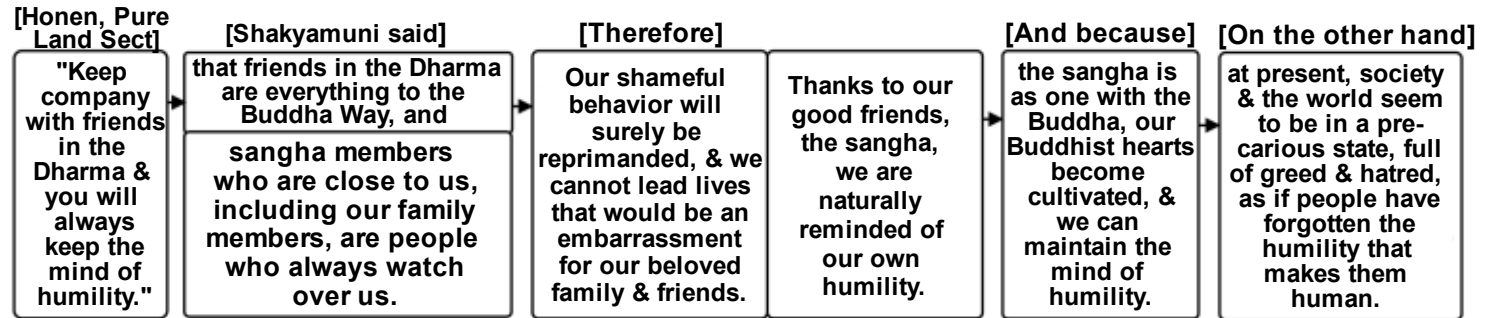
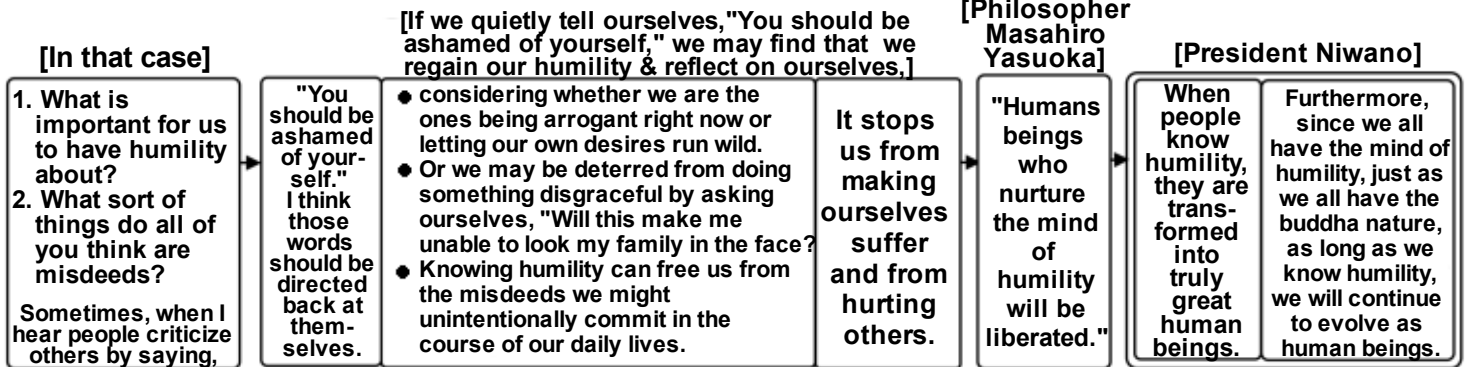
# TO LIVE WITH HUMILITY IS TO LIVE WELL



## THE BASIS OF HUMANITY



## BEING LIBERATED BY HUMILITY



\***SETSUBUN:** In Japan, the time of year when winter transitions into spring is called Setsubun and is marked by the age-old custom of throwing roasted soybeans known as fukumame, "lucky beans," inside the house while chanting "Demons out! Good fortune in!"

The origin of the character for "humility" is "awe," and I strongly believe that it is important for people to be in awe of, and show respect for, the gods and the buddhas, and live their lives knowing humility.